



# THE WAY OF FRUITFULNESS

## EXERCISE 7: FLOW WORKSHEET

*It is helpful to recognize the FLOW moments in our lives. Moments where God visits us and impacts our lives in unexpected ways. Use this worksheet to identify 2-3 FLOW moments. Categorize them, and write 1-3 words you would use to encapsulate the impact of your experience*

<b>FLOW MOMENT:</b> List 2-3 Flow Moments (Tip: See the Breakthroughs & Breakdowns worksheet)	<b>CATEGORY:</b> Circle which category best describes this Flow Moment & summarize its impact.	
<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	Unexpected Suffering	Exciting Opportunity
	Dead End	Divergent Perspective
	<i>Summary:</i>	
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	Summary:	

**SUMMARY STATEMENT:**

Choose 1-3 Scripture passages to read and remember when your next Flow Moment occurs. \_\_\_\_\_

Summarize/Personalize these Scriptures in 1 truth statement.

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